

**ROGERS COMMUNITY-SCHOOL RECREATION ASSOCIATION
FIFTH GRADE DIVISION
YOUTH BASKETBALL 2012-2013**

NFHS RULES WILL BE FOLLOWED, EXCEPT WHERE AMENDED BY THE FOLLOWING:

1. Games will consist of four ten minute quarters. A team must have a minimum of four players present in order to begin the game. In the event a team has fewer than four players at scheduled game time, a five-minute grace period will be granted to allow for late arrivals. The clock will run continuously except during timeouts and during the last minute of each half. Half time will be five minutes. Each team is allowed two timeouts per half. Timeouts not used in the first half do not carry over into the second half.
2. Free throw distance will be fifteen feet. Basket height will be ten feet.
3. On free throws, the offensive coach has two options: (1) allow the player that was fouled to shoot the free throws; (2) if the player that was fouled has already scored in the game, the coach may select a player who has not scored to shoot the free throws.
4. Every player must play at least two full quarters from start to finish. A player may not be substituted for, within a quarter, unless the player has already played two other quarters, from start to finish. Exceptions:
 1. injury
 2. player disqualification (foul out)
 3. disciplinary action (A player may be held out for disciplinary reasons only with prior approval of the league director.)
5. **Coaches are required to fill out a line up sheet prior to each game, and turn a copy into the scorekeeper. This card must indicate the mandatory quarters for each player. Any extra quarters should be left blank, so that coaches may assign them at their discretion. No changes may be made after the game starts, except in case of late arrival, foul out, or injury.**
6. DEFENSE: Any defense is allowed. Man to man is recommended, but not required. Full-court press is allowed the entire game unless your team is ahead by 20 points or more.
7. The league provides uniform shirts. No other uniform shirt is acceptable in league games. An exception will be made for lost shirts. In order to avoid unnecessary expense to the players, coaches must avoid requiring, or even suggesting, that players purchase matching socks, shorts, or shoes.
8. **Only rostered players and coaches may sit on the bench side of the court. All others must sit on the opposite side of the court, space allowing.**
9. **Coaches are the only ones on the court that can talk to the officiating staff. This includes officials and scorekeepers. Violation of this rule will result in expulsion.**
10. If schools are closed due to bad weather, all practices are cancelled. For information on game cancellations, call 631-0336, and press "1" when the recording begins.